

S.B.C.

Saccharomyces Boulardii Capsules

DESCRIPTION

S.B.C., provided by Douglas Laboratories, supplies 300 mg of *Saccharomyces boulardii*, which yields over 3 billion organisms per capsule.

FUNCTIONS

Oral supplements of live, beneficial intestinal microorganisms for nutritional health and well being are known as probiotics. Bacteria are continually in competition for colonization space. The original bacterial colonies have an advantage over transient bacteria. Nevertheless, the composition of the intestinal microflora is dynamic and constantly changing.

If harmful organisms proliferate, the equilibrium is disturbed, and it becomes difficult even for indigenous bacteria to maintain their necessary territory to colonize the intestine. Antibiotics tend to kill off both beneficial and harmful bacteria, and thus may disturb the normal, healthy balance of intestinal microorganisms.

Saccharomyces boulardii is a nonpathogenic yeast that can support the gastrointestinal tract. Research studies have indicated that *S. boulardii* may work by modulating the body's immune response, thus helping to improve the resistance to enteropathogenic bacteria

INDICATIONS

S.B.C. may be a useful dietary adjunct for individuals wishing to support their intestinal microflora with meaningful amounts of *Saccharomyces boulardii*.

FORMULA (#9302)

Each Capsule Contains:

Saccharomyces boulardii 300 mg
Yielding over 3 billion organisms per capsule

SUGGESTED USE

Adults take 1 capsule with each meal or as directed by physician.

SIDE EFFECTS

No adverse side effects reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

- Cebra JJ. Influences of microbiota on intestinal immune system development. *Am J Clin Nutr* 1999;69:1046S-1051S.
- Collins MD, Gibson GR. Probiotics, prebiotics, and synbiotics: approaches for modulating the microbial ecology of the gut. *Am J Clin Nutr* 1999;69:1052S-1057S.
- Kirjavainen PV, Ouwehand AC, Isolauri E, Salminen SJ. The ability of probiotic bacteria to bind to human intestinal mucus. *FEMS Microbiol Lett* 1998;167:185-9.
- Qamar A, Aboudola S, Warny M, Michetti P, Pothoulakis C, LaMont JT, Kelly CP. *Saccharomyces boulardii* stimulates intestinal immunoglobulin A immune response to *Clostridium difficile* toxin in mice. *Infect Immun* 2001 Apr;69(4):2762-5

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by
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